

# IT'S HOW WE LIVE!

**FREE COMMUNITY FESTIVAL FOR THE ENTIRE FAMILY**

## **FEATURING:**

**Giveaways  
Live Entertainment  
Rock Climbing Wall  
Games**

**Information Booths  
Astro Jump  
Health Screening  
and Much More!**



**TAKE THE PATH TO A HEALTHIER YOU**

**SATURDAY, NOVEMBER 19, 2005  
10:00 a.m. - 2:00 p.m.**

**Sweetwater Lane Sports Complex  
1312 Sweetwater Lane, Spring Valley**



County of San Diego  
Health and Human Services Agency



**GO PLAY, GET FIT,**

**BE HEALTHY.**

**For More Information Call: (619) 479-1832**